

BANANA BREAD

3 bananas mashed
1 tsp. Baking soda
1 stick (1/2 cup) butter
1 cup Sucanat or cane juice crystals (or white sugar)
2 eggs
2 cups whole wheat pastry flour
½ tsp. Salt

Mix together bananas and baking soda and set aside. In a stand up type mixer or with a hand held mixer, cream together butter, sugar. Add eggs and banana mixture.. mix well add flour and salt. mix well butter 1 loaf pan bake at 350 for 45 min....

This makes wonderful banana muffins too!



Recipe from The Family Homestead
<http://www.thefamilyhomestead.com>



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